

# CAMP NEED TO KNOW

## SUNRISE SPART SMASH PRO



### OUR TEAM

All of our Head Coaches are Tennis Canada Certified Instructors with First Aid Training. <https://www.simcoetennis.ca/coaches> to see our team. Danyah, Bryson Tye, Max Gillespie-Hewitt, Johnny Glanville will be our main Head Coaches for Summer Camps but we will have **special guest coaches** (CRICKET, MUSIC, ART, SOCCER, PICKLEBALL, CROSSFIT, BALL HOCKEY and more) from time to time that offer fresh perspectives and are always great to have. Our coaching assistants are all 16 years or older and are either current or former Skyhawks players with loads of energy and experience as players from very young ages.

### LOCATION

**41 Spence Ave, Midhurst ON** is the site of all our camps. There is plenty of parking as well as a really nice forest walk area and baseball diamond and playground with workout zone as well as a giant covered hockey pavilion located at the tennis club (Doran Park). **THE SPART TENT** is located between the hockey pavilion and the tennis courts, you can park in that area. We will be using The Lucy Cooke Tennis Pavilion as well which is where the washrooms are and a kitchen area.

### WHAT YOU NEED and DON'T NEED

Bring your own tennis gear, comfortable shoes, athletic clothing etc. SUNSCREEN, hats, towel are a good idea as well. Bug spray (although we have had a mild bug season so far) you can bring and there is poison ivy in the forest. The township has sprayed much of the area we venture into, but there is always a chance of some of it remaining. We ask that when we go into the forest to play games like PREDATOR PREY, that campers stay on the trails. We have rackets you can use, tennis balls, and even sell rackets if you are in the market ([www.babolat.ca](http://www.babolat.ca)). The summer months are hot, so come prepared with lots of water (we will have extra water on hand in case you forgot) towels, sunscreen, and a hat. We will let you know ahead of time when we are playing baseball, ball hockey etc so that if you

want to bring your own equipment you can, but we do have all sports equipment you will need for the week.

### **FOOD/ALLERGIES**

We do have some players with food allergies, so please **NO NUTS and NO PEANUT BUTTER**. We will have some water bottles in coolers but you should bring enough water for the day. And you are responsible for sending lunch for full day campers.

### **TIMING**

**SUNRISE 7-9am SPART 9-4pm**

**SMASH 11-2pm PRO 2-5pm**

If you know you will be late or missing a day please contact us either by email ([simcoetennis@gmail.com](mailto:simcoetennis@gmail.com)) or text (705 716-3198) and please try and be on time to pick players up but know that we will never leave a child unattended. We do not offer before and after camp care.

### **WET WEATHER**

We are 100% prepared and even a little bit excited for when it rains. We are excited because we have so many amazing wet weather activities planned for players of all levels. So, if it is raining and you are wondering if camp is on, the answer is yes. Activities include - Fitness in The Hockey Pavillion, Tactical Awareness worksheets, Tennis Trivia, Video Analysis, and more...